**Series: Wellspring**

**Message: The Attack of Worry** June 23, 2019

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**Guard your heart.** Proverbs 4:23

**The big three we know: worry, anxiety, fear.**

Matthew 6:31-34 | John 16:32-33 | John 10:10

**The secret attack.**

**Active**: Jealousy, blaming, anger, manipulation. Distrust, manipulation.

**Passive:** Resentment, timidity, defeat, arrogance, victimization., self-hatred, compliance , distrust.

**Trust struggles**: Pace of our lives, Disappointment, Spiritual blindness. Luke 24

**Guarding my heart.**

John 16:32-33 | Psalm 139:23 | Romans 8:28 | Proverbs 3:5-6 | John 6:40 | Colossians 3:15

* **Stop** bad input. **Do** feed your faith (the good).
* **Stop** filling time with low priorities. **Do** prioritizes what is important, positive, Spirit led.
* **Stop** wavering in decisions. **Do** make confident decisions; if wrong, God will help you make it right.
* **Stop** being a different person depending on who you are around. **Do** live honestly and real rather than trying to be perfect.
* **Stop** trying to impress other people. **Do** seek to be a blessing.
* **Stop** imagining future problems, hardships and arguments. **Do** reflect on how God is working for your good.
* **Stop** isolating yourself. **Do** spend time with others fighting the same thing and seek God together (worship).
* I must surrender my past / present / future to the authority of Christ.

**God is greater than what you are going through.**

**God is able to see you through.**

**My Prayer for 2019**

My Lord and Savior Jesus, thank you for your gift of grace to me. My soul hungers for you. I want to know you – not just intellectually, but relationally. I give you permission to tear down every false thought, every lie, and every stronghold the Enemy has established within me.

I will pursue my relationship with you with my whole heart. I will hold nothing back from you. I am open and willing to receive the good things you have planned for me.

I ask:

Work your good in me so that I might reflect you more.

Work your good for me so that I might receive all that you intend for me.

Work your good through me so that all around me, people will experience your love and goodness and be drawn to you.

I am open and ready for all you will do in, for, and through me.

I love you, Jesus.

Amen

**Together in prayer.**   
*As a church, let us come together in prayer:*

* Pray for kitchen remodel to go smoothly.
* Pray restoration work to be completed.
* Pray for the one. May God draw each person into a living relationship with Himself.
* Pray for a heart that is responsive to need around you.
* Pray for the ongoing funding of the building project.
* Pray for our Summer impact to Kids, students and adults.
* Pray for our city! For God to reveal Himself in transforming ways.
* Pray for boldness to reach our community with the love of Jesus.