Searching for Significance Jailbreak the Comparison Trap

Colossians 3:1-17

The enemy to my significance in Christ is comparison.

## Comparison expressed as:

Matthew 7:1-5 | Luke 18:9-14 | John 21:19-22

- Judgment of the faults of others.
- My goodness / rightness / righteousness.
- My blessing.

## Jailbreak the comparison trap through *humility*. Ephesians 4:1-3

- Humility is the understanding of who we are in relationship to who God is.
- Humility is cultivated through surrender, not effort.
- Humility is the greatest freedom.

# Life Group Study

For week of October 3, 2021

Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining one today! <u>https://rlc.pub/groups</u>

## Share your story

What insight, question, or resolution did you discover from our time of worship together on Sunday?

On Sunday Jeff talked with us about the trap of comparison. How is it helpful to consider comparison a trap? What dangers have you experienced? What are some things in your life that you compare to others?

Do you think all comparisons are bad? How do we discern whether a comparison is healthy or a trap? Do you think Social Media causes us harm in this area?

In what ways have you seen comparison ruin relationships?

## Connect to God's story Read John 3:22-30.

John the Baptist's disciples were comparing the growing success of Jesus' ministry to their own. How did John battle against the trap of comparison?

## October 3, 2021

What brought John the greatest joy and significance? Do you rejoice when others are successful?

#### Read Romans 3:21-24.

Take a moment and underline the word "all", "us", and "everyone" (depending on your translation) in this passage.

What do you gain from having a relationship with Jesus through believing faith? What do we learn about the way God sees us from this passage? How can seeing ourselves on an equal playing field help us combat comparison?

#### Read Philippians 2:1-4.

What are some tendencies we have that Paul is revealing here that bring about disagreement and disunity? Why is it important to think of others as better than yourself? Do you struggle with doing this?

How can our church community benefit when you are selfless, humble and genuinely care for others? How does this mindset help you and your relationships grow in significance?

Take some time and pray to see others and the world around you the way God sees them. List out what you are grateful for and thank Jesus for it. He can use our gratitude to change our attitude and give us His perspective!

## THE PURPOSE OF LIFE GROUPS

Life Groups exist to promote spiritual maturity and personal growth through meaningful relationships with Jesus and each other through the study of God's Word (Romans 8:29 & Hebrews 10:24-25).

Here's how we accomplish this in our community throughout the week:

#### SHARE

Each week we'll take time to share what is happening in our lives. At first this sharing will include planned "sharing questions." But after the first few weeks, it will become more informal and personal as we feel more comfortable.

#### STUDY

Each week we'll study a section from God's Word that relates to the previous weekend's sermon or an appropriate personal growth topic. Our goal is to learn how to live out our Christianity in everyday life by following Jesus.

#### SUPPORT

Each week we'll learn how to take care of one another as Christ commanded (John 15:9-13). This care can take many forms such as prayer, encouragement, listening, challenging one another and meeting real needs.

#### SERVE

Spiritual growth is fostered not only by what we gain through the support and input of others, but also through service to others. The role each of us fills is important to the health of the church and for us to be the hands and feet of Jesus to the community in which we live (Ephesians 4:11-16).

Throughout the quarter, it is our hope that you can find and/or be affirmed in the ways God has designed you to serve and make a difference in God's kingdom!