

Known
Message: Heart of Gratitude

February 20, 2022

Life Group Study

For week of February 20, 2022

Psalm 28:6-7; 92:1-2; 100 | Matthew 26:26-29 | Romans 1:21 | 1 Corinthians 11:23-26
Ephesians 5:15-20 | Colossians 2:6-8 | 1 Thessalonians 5:18

Gratitude looks:

- Up
- Back
- Forward

Gratitude is an overflowing of thankfulness.

Gratitude Speaks.

The heart of gratitude is relationship.

Gratitude is infectious.

Is joining a Life Group your next step? Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining one today!
<https://rlc.pub/groups>

Share your story

What insight, question, or resolution did you discover as we worshiped the Lord together this past Sunday?

Think about the most grateful person you know. How has their heart of gratitude effected those around them? How has it affected you?

What are you grateful for today? Why?

Connect to God's story

Read Psalm 103.

Write down all the benefits you find in this passage that you can receive from God:

Circle any that you have personally received. Spend some time thanking the Lord for what He has so generously given you.

According to this Psalm, how active is God in our lives? What portion of this passage leads you to respond in praise?

Read Psalm 107:1-9.

What are the benefits of sharing with other people the great things the Lord has done for you?

Why do you think it's important for us to be a community that is quick to give thanks? What can this do for our attitudes and hearts?

What has God provided for you so far this year? List at least three things below and take some time to thank him for them.

1.

2.

3.

Let all that I am praise the Lord.

With my whole heart, I will praise his holy name.

- Psalm 103:1 (NLT)

Real Life Prayer for 2022

Lord Jesus,

I affirm that I am fully known by You; my thoughts, fears, hopes, and dreams. You know my past, present, and future. I am fully known and loved by You.

I desire to know You more - Your heart, Your will, Your purposes.

I commit to making You known in my areas of influence through my words, actions, attitude, and joy. I commit to love as You love.

I ask you, Lord Jesus, to use me daily for Your purposes.

I pray this with a heart of gratitude,

Amen.

Notes:
