

Series: I Don't Do Alone
Message: Blessing and Curses

October 30, 2022

Life Group Study

For week of October 30, 2022

Hebrews 10:22-25 | Romans 10:14-15; 12:14 | Deuteronomy 11:26-28; 30:19
Galatians 5:16-26 | Genesis 27:34-38

If I am to resolve to not do alone I must bless and not curse.

Blessing = Life
Curse = Death

How we curse:

- Active
- Passive
- Unintentional

How we bless:

- Speak Life
- High Value
- Special Future
- An Active Commitment to Fulfill the Blessing

A choice between life and death.

Action Steps:

- Choose to bless and not to curse.
- Walk out from under the curse spoken over me.
- Receive God's blessing.

Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining one today! <https://rlc.pub/groups>

Share your story

What insight, question, or resolution did you discover as we worshiped the Lord together this past Sunday?

On Sunday, Jeff talked with us about blessing and not cursing those we get to share our lives with. In what ways do you bless others? Are there ways you have withheld that blessing? Why?

Connect to God's story

Read the following Proverbs and ponder what each proclaims about the power of our words:

Proverbs 10:11

Proverbs 10:21

Proverbs 18:21

Proverbs 25:11

Proverbs 30:11-14

Read Psalm 103:1-5

God is the source of our blessings and we're to allow His blessing to flow through us into the lives of those around us. Like David in this Psalm, what are ways God has blessed your life?

Why might it be good for us to remember these things? If God freely blesses even those who sin against Him, what does it reveal about His character? How then should we respond toward those who sin against us? *(Take a moment and remember the prayer the Lord taught in Matthew 6:9-14)*

Read Romans 12:9-21

According to what Paul wrote, what are ways we can bless the people in our lives? Are we just to bless those who are a blessing to us? What do you think would happen if everyone lived the way Paul is describing?

Is there anything in this passage that makes you uncomfortable or uneasy? Why? What do you do when you are challenged by Scripture?

Take the time this week to meditate and memorize Psalm 19:14. Make this your continual prayer as you go about your week and learn to bless the Lord and others by what think about and say.

THE PURPOSE OF LIFE GROUPS

Life Groups exist to promote spiritual maturity and personal growth through meaningful relationships with Jesus and each other through the study of God's Word (Romans 8:29 & Hebrews 10:24-25).

Here's how we accomplish this in our community throughout the week:

SHARE

Each week we'll take time to share what is happening in our lives. At first this sharing will include planned "sharing questions." But after the first few weeks, it will become more informal and personal as we feel more comfortable.

STUDY

Each week we'll study a section from God's Word that relates to the previous weekend's sermon or an appropriate personal growth topic. Our goal is to learn how to live out our Christianity in everyday life by following Jesus.

SUPPORT

Each week we'll learn how to take care of one another as Christ commanded (John 15:9-13). This care can take many forms such as prayer, encouragement, listening, challenging one another and meeting real needs.

SERVE

Spiritual growth is fostered not only by what we gain through the support and input of others, but also through service to others. The role each of us fills is important to the health of the church and for us to be the hands and feet of Jesus to the community in which we live (Ephesians 4:11-16).

Throughout the Life Group session, it is our hope that you can find and/or be affirmed in the ways the Father has designed you to serve and make a difference in His kingdom as He conforms you to the image of His Son! (Romans 8:28-30)