

**Series: Real Life on Purpose**  
**Message: Purpose-filled Freedom**

**February 5, 2023**

Romans 8:1-4; 10:9-13 | John 8:31-36; 17:21-22 | Galatians 5:1, 13-15

What is Real Life on purpose? *To know God and live in relationship with Him.*

The key to a purpose filled life in Christ is *freedom*.

Freedom from.

Freedom to be.

Freedom to grow in relationship with Jesus.

*My action steps:*

1. What do I need to be set free from?
2. What do I need to be set free for?

## Life Group Study

For week of February 5, 2023

*Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining one today! <https://rlc.pub/groups>*

### Share your story

Looking back over what Jeff talked about on Sunday, was there something you'd like to share?

How do you understand what freedom is? Where do you get your understanding of freedom from?

How has God used his Scripture too shape your understanding of freedom? What are some differences you see between freedom found in America and what we see in God's Word? Can you think you are free and not really be?

### Connect to God's story

*The Psalms is a collection of meditation poetry that God graciously gave us to sit with a thought and contemplate. In fact, the Hebrew word "selah" is thought to instruct the reader to stop and ponder. Let's try this with Psalm 32 written by David and see what the Spirit teaches us.*

#### Read Psalm 32:1-4.

What can be the result of unconfessed sin? How does sin hold you captive and not bring the freedom it promises? Do you relate to the weight of sin David refers to?

**Read Psalm 32:5.**

Ponder the freedom of forgiven sin... Is there something between you and God right now? *Take a moment and talk with Him about it.*

**Read Psalm 32:6-7.**

*Floodwaters are a reference to Genesis 6-8 and as they happen people are completely at their mercy. The only saving grace is the shelter God provides. When there is something between you and God, why is it so important to make it right today? Is the Lord your hiding place?*

What does this section say about who the Lord is and what He does? Do you know God in this way?

*Spend some time thanking the Lord for being your protection and imagine Him as your hiding place surrounding you with songs of victory!*

**Read Psalm 32:8-11.**

Are there times when you fought the Lord on what the best pathway you should take? Why do you think we're prone to do this?

What is the connection between trust and obedience?

How can we have a pure heart and how are we instructed to respond when God makes us clean?

*Read Psalm 32 again and remember what you've reflected on. There's no freedom sweeter than the freedom from the weight of sin. Give the Lord praise for offering us this precious gift through His Son, Jesus.*

**THE PURPOSE OF LIFE GROUPS**

*Life Groups exist to promote spiritual maturity and personal growth through meaningful relationships with Jesus and each other through the study of God's Word (Romans 8:29 & Hebrews 10:24-25).*

Here's how we accomplish this in our community throughout the week:

**SHARE**

Each week we'll take time to share what is happening in our lives. At first this sharing will include planned "sharing questions." But after the first few weeks, it will become more informal and personal as we feel more comfortable.

**STUDY**

Each week we'll study a section from God's Word that relates to the previous weekend's sermon or an appropriate personal growth topic. Our goal is to learn how to live out our Christianity in everyday life by following Jesus.

**SUPPORT**

Each week we'll learn how to take care of one another as Christ commanded (John 15:9-13). This care can take many forms such as prayer, encouragement, listening, challenging one another and meeting real needs.

**SERVE**

Spiritual growth is fostered not only by what we gain through the support and input of others, but also through service to others. The role each of us fills is important to the health of the church and for us to be the hands and feet of Jesus to the community in which we live (Ephesians 4:11-16).

Throughout the Life Group session, it is our hope that you can find and/or be affirmed in the ways the Father has designed you to serve and make a difference in His kingdom as He conforms you to the image of His Son! (Romans 8:28-30)