**Series: Real Life on Purpose January 22, 2023   
Message: Salt and Light**

Proverbs 18:21 | Matthew 5:13-16; 11:28-30 | Luke 6:45 | Philippians 2:12-16

Hebrews 12:1

What is Real Life on purpose? *To know God and live in relationship with Him.*

His plan is to walk together.

What walking with God looks like: Salt and Light.

1. Salt
   * Preserves
   * Enhances
2. Light
   * Light equals life

*To be like, that is my purpose..*

My action steps:

1. Walk with Jesus and be like Him.
2. Put into practice the good I know to do.
3. Guard my heart and my words. Speak only life.

**Life Group Study**

For week of January 22, 2023

*Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining one today!* [*https://rlc.pub/groups*](https://rlc.pub/groups)

**Share your story**

Looking back over what Jeff talked about on Sunday, was there something you’d like to share?

What is the scariest thing for you about the dark? Have you ever struggled with being afraid of the dark? What have you found that helps you when you are afraid?

**Connect to God’s story**

**Read John 8:12.**

Who does Jesus refer to Himself as? Why is it important for us to understand Jesus in this way?

What does Jesus promise for those who follow Him? What are some things you can think about that is amazing about walking in the light of Jesus?

**Read Matthew 5:13-16.**

*Jesus tells us that we are the salt of the earth and the light of the world.* What do you think Jesus meant when he calls us the “light of the world”? From this passage and what we read in John 8, what makes us the light of the world?

What does it mean that Jesus said “I am the light of the world” and he tells his followers “you are the light of the world”? What makes us the light of the world?

*Read the following passages and write down the benefits of traveling through life in Jesus’ light:*

**Psalm 89:15-17**

**1 John 1:5-7**

**1 John 2:7-11**

*Take some time to thank God and worship him together through prayer. Thank the Lord that we don’t have to spend our life stumbling in the darkness because He’s invited us to walk by His glorious light!*

**THE PURPOSE OF LIFE GROUPS**

*Life Groups exist to promote spiritual maturity and personal growth through meaningful relationships with Jesus and each other through the study of God’s Word (Romans 8:29 & Hebrews 10:24-25).*

Here’s how we accomplish this in our community throughout the week:

**SHARE**

Each week we’ll take time to share what is happening in our lives. At first this sharing will include planned “sharing questions.” But after the first few weeks, it will become more informal and personal as we feel more comfortable.

**STUDY**

Each week we’ll study a section from God’s Word that relates to the previous weekend’s sermon or an appropriate personal growth topic. Our goal is to learn how to live out our Christianity in everyday life by following Jesus.

**SUPPORT**

Each week we’ll learn how to take care of one another as Christ commanded (John 15:9-13). This care can take many forms such as prayer, encouragement, listening, challenging one another and meeting real needs.

**SERVE**

Spiritual growth is fostered not only by what we gain through the support and input of others, but also through service to others. The role each of us fills is important to the health of the church and for us to be the hands and feet of Jesus to the community in which we live (Ephesians 4:11-16).

Throughout the Life Group session, it is our hope that you can find and/or be affirmed in the ways the Father has designed you to serve and make a difference in His kingdom as He conforms you to the image of His Son! (Romans 8:28-30)