**Series: Real Life on Purpose March 5, 2023   
Message: Prayer and Healing**

Psalm 34:17-18 | Matthew 6:5-15; 11:28-30 | Luke 8:49=56 | John 14:1-7

John 17:1-26 | Romans 8:15 | Galatians 4:6 | James 5:13-15

What is Real Life on purpose? *To know God and live in relationship with Him.*

**Pause Prayers**

*Read each of these simple statement prayers separately then pause, pray, listen, and respond:*

**“Abba, I belong to you.”**

The same love God has for His son, He has for me!

Grace is the face that love wears when it meets my failures,

imperfections and fears.

**“Come Lord Jesus.”**

Where do I need to invite Him into?

Jesus is not a reluctant guest; when you invite Him, He comes!

**“I surrender to you.”**

I give it all to you, God.

. . . the things that rob my peace, joy and love.

Surrender paves a way for obedience.

**“Holy Spirit, set my love in order.”**

The Prayer of alignment and agreement.

**“I trust you.”**

. . . with everything.

You are my coverage.

A lot of people believe IN Jesus, but I believe Jesus.

**“You are enough.”**

If Jesus is enough, I will be at peace!

**Life Group Study**

For week of March 5, 2023

*Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining one today!* [*https://rlc.pub/groups*](https://rlc.pub/groups)

**Share your story**

Looking back over what Jeff talked about on Sunday, was there something you’d like to share?

*Prayer is having a conversation with the Lord and there are many ways to do this.* How do you typically talk to the Lord?

What are barriers that keep you from bringing thoughts, concerns and requests to Jesus?

Do you ask man sized or God sized requests when you pray? Why do you think it may be tempting to only ask “reasonable” requests of the Lord?

**Connect to God’s story**

**Read Joshua 10:6-15.**  *In this passage Joshua asks the Lord an outrageous request – to make the sun stand still so that his army could prevail over the Amorites.*

What are some miraculous things you have seen God do in your life or in the lives of others? In what ways have you seen God do the miraculous in our church?

Describe a time when God turned your mistake into a miracle. How did this experience impact you?

What changes do you need to make in your life that will allow God to the miraculous in and through you?

**Read Matthew 6:5-18.**

What are some things that Jesus is teaching about prayer in this passage? How honest are you with God when you pray?

*The Father sees and this could bring you comfort or make you nervous.* Why might this bring you comfort? Why might it make you uncomfortable? What do you think Jesus wants his followers to experience when they pray?

*Take some time to talk with the Lord and listen to the Holy Spirit’s response... and most importantly – obey!*

**THE PURPOSE OF LIFE GROUPS**

*Life Groups exist to promote spiritual maturity and personal growth through meaningful relationships with Jesus and each other through the study of God’s Word (Romans 8:29 & Hebrews 10:24-25).*

Here’s how we accomplish this in our community throughout the week:

**SHARE**

Each week we’ll take time to share what is happening in our lives. At first this sharing will include planned “sharing questions.” But after the first few weeks, it will become more informal and personal as we feel more comfortable.

**STUDY**

Each week we’ll study a section from God’s Word that relates to the previous weekend’s sermon or an appropriate personal growth topic. Our goal is to learn how to live out our Christianity in everyday life by following Jesus.

**SUPPORT**

Each week we’ll learn how to take care of one another as Christ commanded (John 15:9-13). This care can take many forms such as prayer, encouragement, listening, challenging one another and meeting real needs.

**SERVE**

Spiritual growth is fostered not only by what we gain through the support and input of others, but also through service to others. The role each of us fills is important to the health of the church and for us to be the hands and feet of Jesus to the community in which we live (Ephesians 4:11-16).

Throughout the Life Group session, it is our hope that you can find and/or be affirmed in the ways the Father has designed you to serve and make a difference in His kingdom as He conforms you to the image of His Son! (Romans 8:28-30)