

Series: Romans

February 16, 2025

Life Group Study

For week of February 16, 2025

Message: The Problem on the Inside

Romans 7 | Matthew 5:17-20; 7:3-5 | Galatians 3:10 | Hebrews 12:15
James 1:13-16 | Romans 8:1-2 | 2 Corinthians 10:3-5 | Psalm 103:3; 147:3

The Old Testament law in the new life in Christ.

The purpose of the Old Testament laws.

The problem within:

- I am easily deceived.
- I focus on the wrong enemy.
- I become disillusioned and cynical.

The Answer is Jesus.

Breaking Strongholds

- Power of the Spirit to reveal
 - Call things what they are.
 - Go deeper to uproot.
 - Don't stop.
- Forgiveness breaks strongholds
- Healing the wound

Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining one today! <https://rlc.pub/groups>

Share your story

What insight, question, or resolution did you discover as we worshiped the Lord together this past Sunday?

What makes a gift special? What is a gift you've received that you'll never forget? Why?

What is the best gift you've ever given someone?

Connect to God's story

Read Romans 6:19-23.

What are the benefits of being a slave to sin? What benefits do you have of being a slave of God? Does Paul present a third path when we are set free from sin? Does this passage make you struggle with what freedom truly is?

Is it hard to trust the reality of something so amazing as a "gift of eternal life" that is offered to you? What makes it so difficult to believe?

Read Romans 7:1-6.

What point is Paul getting at using this illustration of marriage?

Before a new life with Jesus, what desire is at work within us? What will this desire produce?

Read Romans 7:7-25.

Take a moment and think of the temptation to sin that you wrestle with. Do you relate to Paul's struggle in this passage? If so, how?

Who is the rescuer in Paul's story? His determination and effort or Jesus Christ? Why is the answer so important? Who is winning the war inside of you?

Read Romans 8:1-2.

According to this passage, what do we find when we are in Christ Jesus? Do you struggle with feeling condemned? Why might Satan desire to keep you feeling this way? What did/would it take for you to believe that Jesus' gift is for you?

Spend some time talking with God and asking Him to help you accept the free gift He offers you in His Son Jesus. If you have already accepted this gift, then take some time to give Him thanks and praise for His wonderful gift that sets you free from the law of sin and death!

THE PURPOSE OF LIFE GROUPS

Life Groups exist to promote spiritual maturity and personal growth through meaningful relationships with Jesus and each other through the study of God's Word (Romans 8:29 & Hebrews 10:24-25).

Here's how we accomplish this in our community throughout the week:

SHARE

Each week we'll take time to share what is happening in our lives. At first this sharing will include planned "sharing questions." But after the first few weeks, it will become more informal and personal as we feel more comfortable.

STUDY

Each week we'll study a section from God's Word that relates to the previous weekend's sermon or an appropriate personal growth topic. Our goal is to learn how to live out our Christianity in everyday life by following Jesus.

SUPPORT

Each week we'll learn how to take care of one another as Christ commanded (John 15:9-13). This care can take many forms such as prayer, encouragement, listening, challenging one another and meeting real needs.

SERVE

Spiritual growth is fostered not only by what we gain through the support and input of others, but also through service to others. The role each of us fills is important to the health of the church and for us to be the hands and feet of Jesus to the community in which we live (Ephesians 4:11-16).

Throughout the Life Group session, it is our hope that you can find and/or be affirmed in the ways the Father has designed you to serve and make a difference in His kingdom as He conforms you to the image of His Son! (Romans 8:28-30)