Series: Romans Message: Walking in the Spirit February 23, 2025

Life Group StudyFor week of February 23, 2025

John 14-17 | Romans 8:1-17 | Ephesians 1:13-14; 5:15-18

The Holy Spirit, is it a one-time thing or a daily decision?

Background of the Holy Spirit:

There is a huge difference between the Spirit dwelling in us and being filled with the Spirit.

The Spirit shows us:

- Who God is.
- Who we are.
- What life is about.

Do I have the Spirit?

- Has the Spirit led me to Jesus?
- Has the Spirit put in me a desire to follow Jesus?
- Is the Spirit leading me to be more like Jesus?

Life in the Spirit... how does it work?

How to walk in the Spirit:

- We need to tune Him in.
- We need to stay tuned in to Him.
- We need to obey what we hear.

Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining one today! https://rlc.pub/groups

Share your story

What insight, question, or resolution did you discover as we worshiped the Lord together this past Sunday?

Have you ever gotten news so good that you just had to share and it just came bursting out of you? Be brave and share with the group a little about your experience!

The Gospel (Good News) in the New Testament is revealed in the life, ministry, death, and resurrection of Jesus. In what way has the good news of Jesus been good news to you?

Connect to God's story

Read Romans 8:1-4.

What connections do you see between what Paul writes about his struggle with sin in chapter 7 and how he begins 8?

What do you learn about Jesus' sacrifice for us in this passage? In what way is it more than just a physical death? What would be a humble response to such a sacrifice? Is this your response?

Read Romans 8:5-8.

What are the two mindsets that Paul is contrasting? What does following the Spirit look like? What does following the flesh (sinful nature) look like? (for more: Galatians 5:16-25)

Do you ever struggle with submitting to what God wants in your life? Have you ever considered this in the context of a battle between following your flesh and following the Holy Spirit? What do you do when you are struggling to obey what the Lord wants you to do?

Read Romans 8:9-11.

What do we learn about the Holy Spirit from this passage?

If you are wondering if the Spirit of God is dwelling in you then talk to Jesus about it right now. Ask Him to come into your heart and, by faith, believe that His Spirit is dwelling in you... then get ready! The Holy Spirit will reveal to you changes He wants to make as you walk daily with Him.

What changes has the Holy Spirit made in your life as you've walked with Him? Why is the Spirit's dwelling in you important? How does this relate to John 15:1-5 and John 16:13-15?

Take a moment and talk with God. Thank Him for sending the Holy Spirit who leads, comforts, teaches, indwells, and empowers us as we walk daily in step with Him.

THE PURPOSE OF LIFE GROUPS

Life Groups exist to promote spiritual maturity and personal growth through meaningful relationships with Jesus and each other through the study of God's Word (Romans 8:29 & Hebrews 10:24-25).

Here's how we accomplish this in our community throughout the week:

SHARE

Each week we'll take time to share what is happening in our lives. At first this sharing will include planned "sharing questions." But after the first few weeks, it will become more informal and personal as we feel more comfortable.

STUDY

Each week we'll study a section from God's Word that relates to the previous weekend's sermon or an appropriate personal growth topic. Our goal is to learn how to live out our Christianity in everyday life by following Jesus.

SUPPORT

Each week we'll learn how to take care of one another as Christ commanded (John 15:9-13). This care can take many forms such as prayer, encouragement, listening, challenging one another and meeting real needs.

SERVE

Spiritual growth is fostered not only by what we gain through the support and input of others, but also through service to others. The role each of us fills is important to the health of the church and for us to be the hands and feet of Jesus to the community in which we live (Ephesians 4:11-16).

Throughout the Life Group session, it is our hope that you can find and/or be affirmed in the ways the Father has designed you to serve and make a difference in His kingdom as He conforms you to the image of His Son! (Romans 8:28-30)