

Series: Romans
Message: Transformed

March 30, 2025

Life Group Study

For week of March 30, 2025

Romans 12:1-2; 8:6 | Ephesians 2:1-3 | Ephesians 2:1-3 | John 8:31-32

Conformed and Transformed

What does it mean to be conformed to the pattern of this world?

- Values, Standards, and Priorities.

Living Sacrifice = *Totally committed to doing whatever God wants me to do.*

What does it mean to renew your mind?

- I align my thoughts (standards, values, and priorities) with God's viewpoint – God's Word.

Transformed – *Changed from the inside out.*

1. It starts with a decision.
2. A prayer of permission.
3. My mind – input always determines output.

Lessons from the clay:

- Starts with a vision – plans I have for you.
- Takes pressure and effort.
- Skill
- Time
- Beautiful

Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining one today! <https://rlc.pub/groups>

Share your story

What insight, question, or resolution did you discover as we worshiped the Lord together this past Sunday?

What tends to influence / shape your life the most? Why?

What helps you to be aware of what is shaping your life? Why is it important for you to guard what is forming you?

Connect to God's story

Read Romans 12: 1-2

According to this passage, what does true and proper worship of God feature? What are some things that Paul wrote previously about God's mercy that would bring us to a place of offering our bodies as living sacrifices?

A living sacrifice that is set aside for God's purpose and pleases Him is a different kind of sacrifice. Have you ever thought of your life as a continual sacrifice to the Lord?

Read Mark 8:34-38.

How does what Paul wrote in Romans 11:1-2 help you understand more fully what Jesus was talking about with his disciples in Mark 8:34-38? What do each of the following look like in your life:

- Denying Yourself?
- Taking up your cross?
- Following Jesus?

Re-read Romans 12:1-2.

Worshipping God is a sacrifice. How does this sacrifice prepare you for the transforming work Jesus wants to do in you?

In what ways do you struggle with conforming to the pattern of the world we're in? In what ways have you seen the renewing of your mind by God transform you?

What are the benefits Paul lists of being transformed by God renewing your mind? Why is this important to a follower of Jesus?

Spend some time in prayer together asking God to help us as a church to offer our bodies as a living sacrifice with an open and willing heart for the Lord to transform us by renewing our minds.

THE PURPOSE OF LIFE GROUPS

Life Groups exist to promote spiritual maturity and personal growth through meaningful relationships with Jesus and each other through the study of God's Word (Romans 8:29 & Hebrews 10:24-25).

Here's how we accomplish this in our community throughout the week:

SHARE

Each week we'll take time to share what is happening in our lives. At first this sharing will include planned "sharing questions." But after the first few weeks, it will become more informal and personal as we feel more comfortable.

STUDY

Each week we'll study a section from God's Word that relates to the previous weekend's sermon or an appropriate personal growth topic. Our goal is to learn how to live out our Christianity in everyday life by following Jesus.

SUPPORT

Each week we'll learn how to take care of one another as Christ commanded (John 15:9-13). This care can take many forms such as prayer, encouragement, listening, challenging one another and meeting real needs.

SERVE

Spiritual growth is fostered not only by what we gain through the support and input of others, but also through service to others. The role each of us fills is important to the health of the church and for us to be the hands and feet of Jesus to the community in which we live (Ephesians 4:11-16).

Throughout the Life Group session, it is our hope that you can find and/or be affirmed in the ways the Father has designed you to serve and make a difference in His kingdom as He conforms you to the image of His Son! (Romans 8:28-30)