

**Series: Holy Spirit**

**October 12, 2025**

**Life Group Study**

For week of October 12, 2025

**Message: Fruit of the Spirit (pt. 1)**

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John 14:26; 15:4 | Galatians 5:19-23 | Colossians 3:5 | Psalm 1:2-3

Two questions to ask the Holy Spirit:

- What is something you want me to remove?
  
- What is something you want me to receive?

What is being produced in your life?

The fruit of a life controlled by the sinful nature (flesh):

The fruit of a life controlled by the Holy Spirit:

How the Fruit Grows:

- The Word
- Remaining (abiding) in Jesus.

Changing what is produced in your life:

1. Truth
2. Confession
3. Be filled with the Spirit
  - Receive
  - Open fully

*Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining one today! <https://rlc.pub/groups>*

### **Share your story**

Looking back over what Jeff talked about on Sunday, was there something you'd like to share?

What is your favorite fruit? Why?

### **Connect to God's story**

Read Galatians 5:13-15.

What is the goal of our freedom? What dangers does Paul show us in using the freedom we are called to incorrectly?

How have you seen "loving your neighbor" keep brothers and sisters from biting and devouring each other? How can having a servant's heart keep this from happening? What is Paul's warning to the Church?

Read Galatians 5:16-21.

What are the two desires Paul is contrasting? How do we keep from carrying out the desires of the flesh that work within us?

Paul lists some of the works of the flesh. There are some that may not seem to be anything you're even tempted to do... but there are some that are exactly what hangs you up. What are some things your flesh is at war with you about that he lists here?

What is the warning Paul gives about practicing this way of living?

Read Galatians 5:22-26

What connection is Paul making between Jesus' crucifixion and what we should do with the desires of our flesh? In reading through this passage, do you see the partnership with the Holy Spirit that we are invited into?

We cannot take credit for our fruit – the Spirit produces and grows that in us. How have you seen God grow your love, joy, patience, kindness, goodness, faithfulness, gentleness, and/or self-control?

### **Reflection:**

*Do you feel lacking? Talk to the Holy Spirit about it in prayer. This is fruit He grows in you and he is faithful to complete the work He begins!*

**“For I am sure of this very thing, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.”**

**- Philippians 1:6**

## **THE PURPOSE OF LIFE GROUPS**

*Life Groups exist to promote spiritual maturity and personal growth through meaningful relationships with Jesus and each other through the study of God's Word (Romans 8:29 & Hebrews 10:24-25).*

Here's how we accomplish this in our community throughout the week:

### **SHARE**

Each week we'll take time to share what is happening in our lives. At first this sharing will include planned "sharing questions." But after the first few weeks, it will become more informal and personal as we feel more comfortable.

### **STUDY**

Each week we'll study a section from God's Word that relates to the previous weekend's sermon or an appropriate personal growth topic. Our goal is to learn how to live out our Christianity in everyday life by following Jesus.

### **SUPPORT**

Each week we'll learn how to take care of one another as Christ commanded (John 15:9-13). This care can take many forms such as prayer, encouragement, listening, challenging one another and meeting real needs.

### **SERVE**

Spiritual growth is fostered not only by what we gain through the support and input of others, but also through service to others. The role each of us fills is important to the health of the church and for us to be the hands and feet of Jesus to the community in which we live (Ephesians 4:11-16).

Throughout the Life Group session, it is our hope that you can find and/or be affirmed in the ways the Father has designed you to serve and make a difference in His kingdom as He conforms you to the image of His Son! (Romans 8:28-30)